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(The "Younger"), was the 1957 Boston Marathon winner and two-time U.S. Olympic marathoner Burfoot, Amby, The Runner's Guide to the Meaning of Life:

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The Runner's Guide to the Meaning of Life by Amby Burfoot Turtleback, 150 Pages, Published 2007: ISBN-10: 1-60239-185-8 / 1602391858 ISBN-13: 978-1-60239-185-7

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